Hebrew SeniorLife

Care • Community • Innovation

Jewish Geriatric Chaplaincy Training

May 26 – August 12, 2020

Level I and Level II CPE: Dedham Campus

Introduction:

In the last 100 years, Hebrew SeniorLife (HSL) has grown from a small residence for frail elderly in Dorchester to a highly-integrated system of care with an international reputation. HSL's system encompasses 650 chronic care hospital patients, groundbreaking geriatric research (Marcus Institute for Aging Research), palliative and hospice care, new models of sub-acute care, post-hospital care, and home care.

Hebrew Rehabilitation Center (HRC) is the largest of HSL's institutions, with campuses in Boston and in Dedham. The Boston campus offers long-term care, short-term post-acute care, acute care, adult day care and outpatient specialty services. Its most recent offering is the Center for Memory Health which provides diagnosis, education, treatment, and care coordination for older adults and their families. NewBridge on the Charles, located in Dedham, is HSL's newest campus. It offers independent and assisted living in addition to skilled nursing services and long-term chronic care. Most students will be assigned to clinical time on this campus.

Over 60% of our long-term chronic care patients in Boston are Jewish, with half of these being Jews from the former Soviet Union; in Dedham, closer to 85% are Jewish. Patients on our rehabilitation and post-acute services units reflect the more general population of the surrounding communities, including a broader mix of faiths and cultures.

Program Description:

CPE in a geriatric setting serves as important preparation for the congregational rabbinate/cantorate/ministry, as well as for health care chaplaincy positions. Chaplains support the spiritual and emotional lives of all patients in ways that

enhance their overall health and wellbeing. In addition, chaplains help the care-giving staff manage the ongoing emotional demands of their work, which include the presence of death and loss on a regular basis, and work with staff to understand the spiritual aspects of their patients' needs. Our population of majority Jewish residents benefits from attunement to Jewish spiritual care needs patients have while facing the challenges of aging, loss, end of life decision making, dementia, and seeking spiritual fulfillment in their later years.

Our curriculum addresses spiritual care as it relates to aging, illnesses of aging (including dementia), family caregivers, bioethical decision-making, dying, and bereavement. Special attention is given to cultural and demographic diversity impacting the spiritual issues of older adults, including trauma-informed care, recognizing resilience, working with patients with dementia, LGBT identities, and being "not religious." Students serve as chaplain interns on assigned HSL units, providing spiritual care to patients, families, and staff. Our primary lens is that of Jewish spiritual care; students who wish to learn about spiritual care from the perspective of other religious/spiritual traditions are invited to make this one of their learning goals.

English is the predominant language of the educational program, and applicants must be fluent in spoken and written English. Special opportunities are available for Russian-speaking applicants, as a significant portion of HSL residents and patients speak Russian; some allowances can be negotiated individually for Russian-speaking students who need to do some of their assignments orally rather than in writing.

This unit of CPE is aimed at chaplains, congregational clergy, seminary and rabbinical students, and laypersons interested in pursuing spiritual care.

Dates: May 26, 2020 – August 12, 2020. No class on Shavuot, May 29.

Times: Class and clinical time cover Monday–Friday, 9:00am--5:00pm. Class does not meet on Jewish or secular holidays. Some readings, written assignments, and preparation for event leadership are required in addition to this time frame. Given the intensity of the program, work or study commitments beyond CPE are discouraged; weekends provide much needed time for rest. The CPE program does not require overnight call, and is appropriate for students who are shomer/et Shabbat. The student must be able to document completion of a minimum of 100 education hours, a minimum of 250 clinical hours, and a total of 400 hours in the unit in order to receive credit for the program. Any missed class or clinical time will need to be made up. No planned absences will be permitted

during orientation (first 5 class days), Mid-unit evaluations, or Final evaluations/Siyyum (August 10-11).

Faculty: Rabbi Beth Naditch, ACPE Certified Educator and Board certified chaplain, will lead this unit. Several guest speakers will bring their expertise to the didactic part of the curriculum.

Location: 5000 Great Meadow Rd., Dedham, MA 02026

Cost: Cost: $25 application fee. Minimum tuition payment of $1200; suggested tuition payment of $2000. For IRS purposes, value received per student is $1200, with the balance of the tuition being a tax-deductible gift to Hebrew SeniorLife's Chaplaincy Institute. The $250 non-refundable deposit upon accepting a position in the program is credited toward the total tuition payment.

Who may apply? This program is open to persons of any religious/spiritual tradition interested in Jewish CPE with a focus on spiritual care of older adults. E-mail Rabbi Beth Naditch at bethnaditch@hsl.harvard.edu with any questions.

Application process: Applications are due November 15, 2019. Applicants should read the Annual Notice, Admission policy, and Financial policy, and then fill out the standard ACPE application form, ACPE application form.doc.

By email (preferred): Please scan the above application and email to cpe@hsl.harvard.edu. We will collect the $25 application fee at the time of the interview.

By mail: Along with the printed application, Include a check for $25 made out to "Hebrew SeniorLife CPE Program," or fill out the credit card form, Credit Card Payment Form.pdf, and send them to:

Rev. Mary Martha Thiel, Director of CPE
Department of Spiritual Care
Hebrew SeniorLife
1200 Centre St.
Boston MA 02131

When your application is received, we will set up an in person interview, or, for applicants outside the Boston area, by Zoom. Rabbi Beth Naditch and another member of the CPE program's Professional Advisory Committee or member of the spiritual care department will share in the interviewing. The applicant will be informed of the admissions decision within one month of the interview. The decision is at the sole discretion of HSL.

Transportation: The easiest way to travel to HRC NewBridge is by car; however, HRC NewBridge is accessible by an HSL shuttle which connects to the Forest Hills T stop on the Orange Line. International students have often rented a car or participated in a car swap for the duration of the program. Parking at NewBridge is free.

Housing, Meals, and Accommodations: We are happy to assist international students in finding host families, although we cannot offer housing. All students are also welcome to explore dormitory options at local theological schools. NewBridge has a kosher deli and a non-kosher salad bar and coffee/ice cream option where students can purchase food Monday through Friday.

For more information contact:

Rabbi Beth Naditch, BethNaditch@hsl.harvard.edu Tel (617) 982-2733
Rev. Mary Martha Thiel, Marymarthathiel@hsl.harvard.edu Tel (617) 363-8804

Or, go to our website at http://www.hebrewseniorlife.org/clinical-pastoral-education.